

## Team Building Exercise 3

### Sharing Your Struggles

- ♥ Write down any struggles you might have experienced since making the decision to go on this mission trip.
- ♥ Have your team leader guide the discussion with every person sharing what they have written and/or experienced.
- ♥ As in the “Group Covenant”, the team agrees to pray for each person, that this struggle not steal their joy during this planning stage; nor will this struggle inhibit their “going.”
- ♥ End this section with specific prayer over what was discussed.